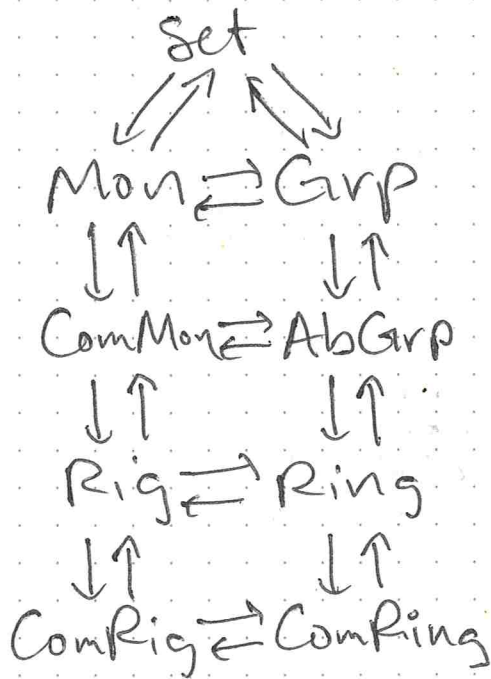


The "main spine" of mathematics

The category Cat

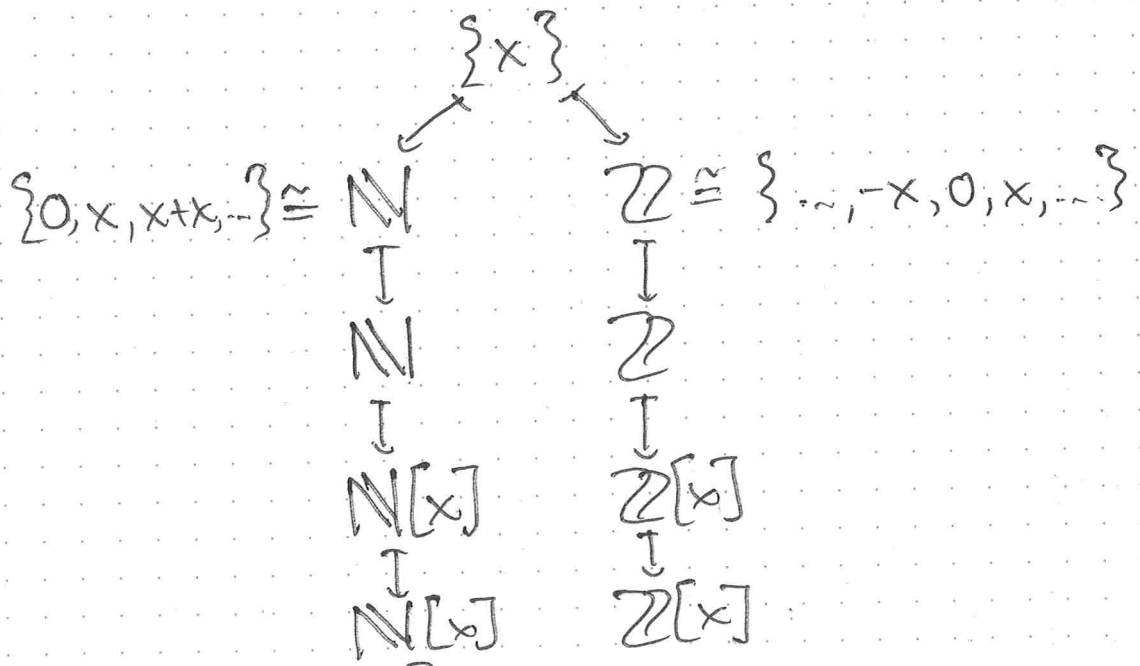
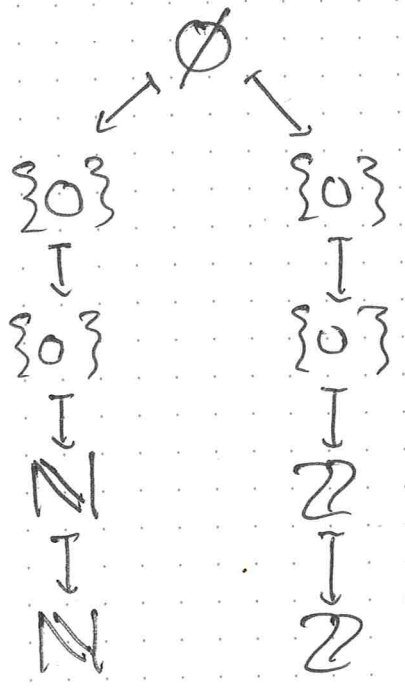


e.g. every group has an underlying monoid UG ; every monoid has a free group FM , the group with generators $m \in M$ and relations $m_1 m_2 = m_3$ whenever this holds in M .

$$\text{Mon} \xrightleftharpoons{+} \text{Grp}$$

Puzzle: check $\text{Grp}(FM, G) \cong \text{Mon}(M, UG)$

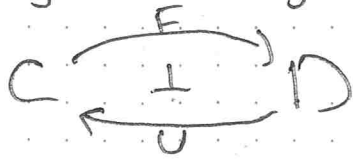
we get good stuff by applying the left adjoints to a simple set: \hookrightarrow



Puzzle: $\{x, y\}$

Monads & Comonads

suppose we have an adjunction
in any 2-category X



$$\eta: 1_C \Rightarrow UF \quad (\Delta \text{ ids})$$

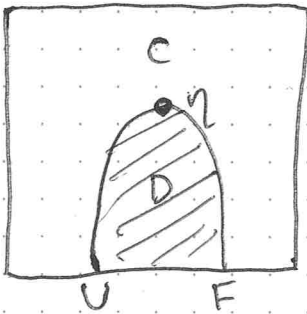
$$\epsilon: FU \Rightarrow 1_D$$

(e.g. $\text{Set} \rightleftharpoons \text{Mon}$)

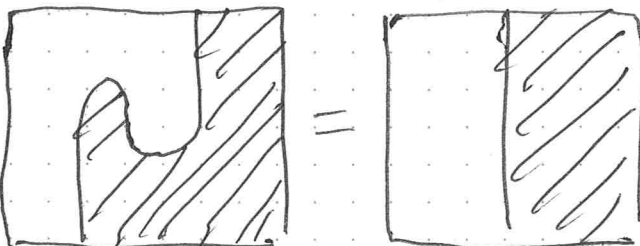
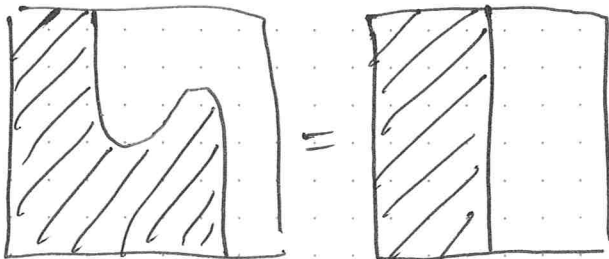
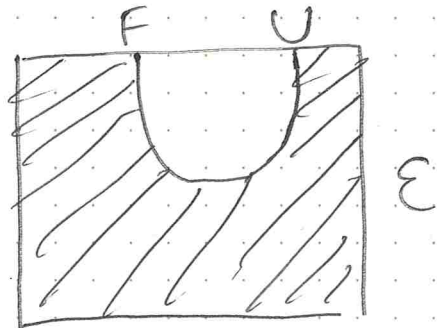
$X(C, C)$ is a category

objects: 1-cells $C \rightarrow C$
morphisms: 2-cells $\Downarrow \Uparrow$

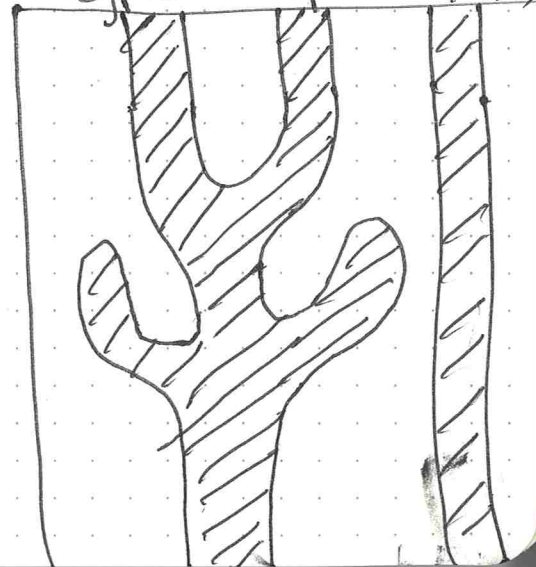
(monoid generated by UF)
 $1_C, UF, UFUF, \dots$
 $\eta, U\epsilon F, U\epsilon\epsilon F, \dots$



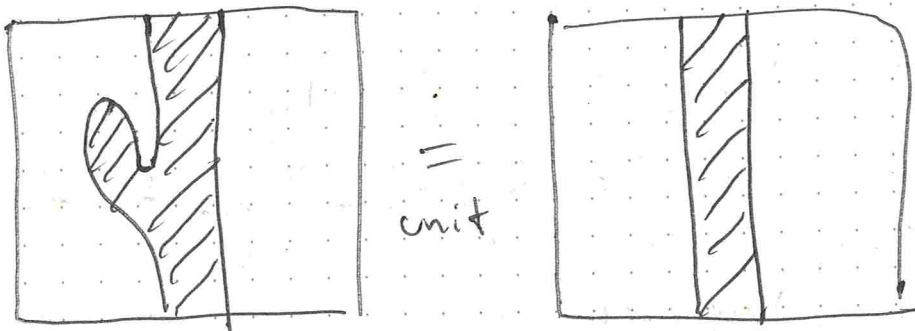
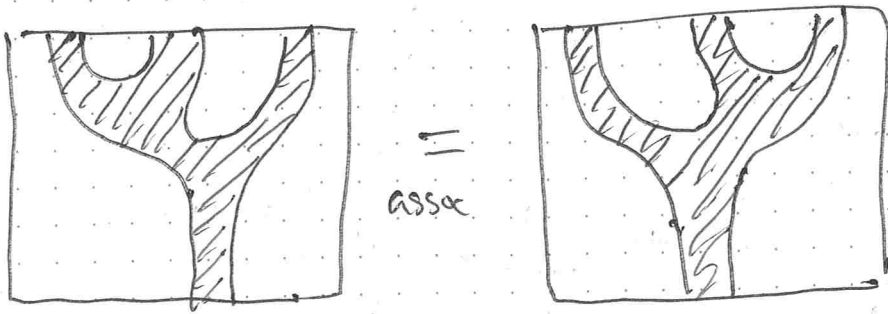
dark stripes
can merge
using comit
and stop
using unit
(can't split
or stop
- bidualjunctions)



typical morphism in $X(C, C)$



next time we'll see these diagrams obey some relations:



and vice versa

will see how this category is fundamental to homotopy, and all math (every adjunction gives a cohomology theory)

Q&A: isotopy of diagrams